

# December 2017

## Week One

	Mon	1-2	3-5	Tue	1-2	3-5	Wed	1-2	3-5	Thu	1-2	3-5	Fri	1-2	3-5
<b>Breakfast</b> Milk, Fluid, Juice, Fruit, Veggie, Grain/Bread	1% Milk Maple Bits Cinnamon Pears	4oz 2oz 1oz	6oz 4oz 1oz	1% Milk Cheerios Pineapple	4oz 1oz 2oz	6oz 1oz 4oz	1% Milk Oatmeal w/ chocolate chips Bacon	4oz 1oz 1.5oz	6oz 1oz 1.5oz	1% Milk Mini Wheats Apple slices	4oz 1oz 2oz	6oz 1oz 4oz	1% Milk Breakfast Sandwich: Cheese, Egg & Sausage on a Biscuit	4oz 1/2 1/2	6oz 1/2 1/2
<b>Lunch</b> Milk, Fluid, Meat/Meat Alternate, Grain/Bread, 1st Fruit/ Veggie, 2nd Fruit/Veggie	Chicken Nugget Corn Banana 1% Milk	1oz 1oz 1oz 4oz	1.5oz 2oz 2oz 6oz	Teriyaki Chicken & Rice Broccoli Mandarin Oranges 1% Milk	2oz 1oz 1oz 4oz	3oz 2oz 2oz 6oz	Tacos Fruit Cocktail Green Beans 1% Milk	1oz 1oz 1oz 4oz	1oz 2oz 2oz 6oz	Chicken & Noodle Soup Peas Pears 1% Milk	3oz 1oz 1oz 4oz	3oz 2oz 2oz 6oz	Hamburger & WG Bun Cooked Carrots Peaches 1% Milk	1oz 1oz 1oz 2oz 4oz	1.5oz 2oz 2oz 2oz 6oz
<b>PM Snack</b> Milk, Fluid, Meat/Meat Alternate, Grain/Bread, Juice/Fruit/ Veggie	Apple Slices Cheese Sticks Water	4oz 1oz 4oz	4oz 1oz 6oz	Yogurt Wheat Cracker Water	4oz 1oz 4oz	4oz 1oz 6oz	Cottage Cheese Peaches Water	1oz 4oz 4oz	1oz 4oz 6oz	Whole Grain Goldfish Applesauce Water	1oz 2oz 4oz	1oz 4oz 6oz	Strawberry Yogurt Graham Crackers Water	4oz 1oz 4oz	4oz 1oz 6oz

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## Week Two

	MON	1-2	3-5	TUE	1-2	3-5	WED	1-2	3-5	THU	1-2	3-5	FRI	1-2	3-5
<b>Breakfast</b>															
Milk, Fluid, Juice, Fruit, Veggie, Grain/Bread	1% Milk	4oz	6oz	1% Milk	4oz	6oz	1% Milk	4oz	6oz	1% Milk	4oz	6oz	1% Milk	4oz	6oz
	Fruit Cocktail	2oz	4oz	Bread & Jelly	1oz	1oz	Cinnamon Oatmeal	2oz	2oz	Life Cereal	1oz	1oz	Apple Slices	2oz	4oz
	French Toast	1oz	1oz	Diced Pears	2oz	4oz	Pineapple	2oz	4oz	Peaches	2oz	4oz	Graham Cracker	1oz	1oz
<b>Lunch</b>															
Milk, Fluid, Meat/Meat Alternate, Grain/Bread, 1st Fruit/Veggie, 2nd	Curry Chicken & Rice	2oz	2oz	Pizza	2oz	2oz	Turkey Sausage on WG English Muffin	1/2 Serving	1/2 Serving	Chili	4oz	4oz	WG Spaghetti	1.5oz	1.5oz
	Broccoli	1oz	2oz	Corn	1oz	2oz	Applesauce	1oz	2oz	Bread & Butter	2oz	2oz	Peas	1oz	2oz
	Pineapple	1oz	2oz	Fruit Cocktail	1oz	2oz	Green Bean	1oz	2oz	Pears	1oz	2oz	Peaches	1oz	2oz
	1% Milk	4oz	6oz	1% Milk	4oz	6oz	1% Milk	4oz	6oz	Milk	4oz	6oz	1% Milk	1oz	6oz
<b>PM Snack</b>															
Milk, Fluid, Meat/Meat Alternate, Grain/Bread, Juice/Fruit/Veggie	Yogurt	1oz	1oz	WG Minion Crackers	1 Package	1 Package	Celery Sticks	4oz	4oz	Wheat Crackers	2oz	2oz	Peanut Butter on WG Bread	1tbsp	1tbsp
	Apple Slices	4oz	4oz	Banana	1oz	1oz	Goldfish	2oz	2oz	Cheese Cubes	1oz	1oz	Water	1/2 Slice	1/2 Slice
	Water	4oz	6oz	Water	4oz	6oz	Water	4oz	6oz	Water	4oz	6oz		4oz	4oz

# December 2017

## Week Three

	MON	1-2	3-5	TUE	1-2	3-5	WED	1-2	3-5	THU	1-2	3-5	FRI	1-2	3-5
<b>Breakfast:</b> Milk, Fluid, Juice, Fruit, Veggie, Grain/ Bread	1% Milk  Bread  Peanut Butter	4oz  1oz  1tbsp	6oz  1oz  1tbsp	1% Milk  Graham Cracker  Mandarin Oranges	4oz  1oz  2oz	6oz  1oz  4oz	1% Milk  WG Biscuit Sandwich  Egg & Cheese	4oz  1oz  2oz	6oz  1oz  2oz	1% Milk  Cheerios  Applesauce	4oz  1oz  2oz	6oz  1oz  4oz	1% Milk  Oatmeal & Raisin  Peaches	4oz  1oz  2oz	6oz  1oz  4oz
<b>Lunch:</b> Milk, Fluid, Meat/Meat Alternate, Grain/Bread, 1st Fruit/ Veggie, 2nd Fruit/Veggie	Mac & Cheese  Apple Slices  Green Beans  1% Milk	2oz  1oz  1oz  4oz	2oz  2oz  2oz  6oz	Chicken Patty WG Bun  Cali Blend Veggie  Diced Pears  1% Milk	1oz  1oz  1oz  4oz	2oz  2oz  2oz  6oz	Peanut butter & Jelly Sand. WG  Carrot Sticks  Banana  Milk	1oz  1oz  1oz  4oz	1oz  2oz  2oz  6oz	Tomato Soup & Grilled Cheese  Mandarin Oranges  1% Milk	4oz  1oz  4oz	4oz  2oz  6oz	Beef Rice Casserole  Peas  Fruit Cocktail  1% Milk	2oz  1oz  1oz  4oz	2oz  2oz  2oz  6oz
<b>PM Snack:</b> Milk, Fluid, Meat/Meat Alternate, Grain/Bread, Juice/Fruit/ Veggie	Sting Cheese  Carrot Sticks  Water	1oz  4oz  4oz	1oz  4oz  4oz	Zucchini Bread  Applesauce Cup  Water	1oz  4oz  4oz	1oz  4oz  6oz	Cheese Its WG  Cucumber  Water	1oz  4oz  4oz	1oz  4oz  6oz	Cottage Cheese  Graham Cracker  Water	1oz  1oz  4oz	1oz  1oz  6oz	Wheat Cracker  Banana  Water	1oz  4oz  4oz	1oz  4oz  6oz

December 2017

Week Four

	MON	1-2	3-5	TUE	1-2	3-5	WED	1-2	3-5	THU	1-2	3-5	FRI	1-2	3-5						
<b>Breakfast:</b> Milk, Fluid, Juice, Fruit, Veggie, Grain/ Bread	<b>Closed!</b> <b>Merry Christmas</b>						1% Milk Cheerios Yogurt	4oz 1oz 2oz	6oz 1oz 4oz	1% Milk Maple Bits Peaches	4oz 2oz	6oz 4oz	1% Milk Graham Cracker Banana	4oz 1oz 1oz	6oz 1oz 1oz						
<b>Lunch:</b> Milk, Fluid, Meat/Meat Alternate, Grain/Bread, 1st Fruit/ Veggie, 2nd Fruit/Veggie													Cheeseburger on Bun Sweet Potato Fries Applesauce 1% Milk	1oz 1oz 1oz 1oz 4oz	1.5 oz 1oz 2oz 2oz 6oz	Taco Soup Tortilla Strips Pineapple Milk	4oz 1oz 1oz 4oz	4oz 2oz 2oz 6oz	Chicken Nuggets Corn Fruit Cocktail Milk	4oz 1oz 1oz 4oz	4oz 1oz 2oz 6oz
<b>PM Snack:</b> Milk, Fluid, Meat/Meat Alternate, Grain/Bread, Juice/Fruit/ Veggie													Cheese Cubs Ham Slices Water	1oz 1oz 4oz	1oz 1oz 6oz	Celery Peanut Butter Water	2oz 1tbsp 4oz	2oz 1tbsp 6oz	Cheerios Apple Slices Water	1oz 4oz 4oz	1oz 4oz 6oz